

Our State eats

Carolina Hot Toddy

Yield: 2 cups.

- 1³/₄ cups boiling water
- 1/4 cup whiskey
- Juice from 1/2 lemon (approximately 1/8 cup)
- 2 herbal tea bags
- 1/4 cup honey
- Optional: Cinnamon sticks & lemon wedges studded with cloves for garnish

Place tea bags in boiling water. Remove from heat and cover to steep for approximately 10 minutes.

Pour honey in bottom of a large mug. Pour hot tea over honey and stir to combine. Add lemon juice and liquor.



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